



Vegetarian Dining Guide for Southern Utah

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AMERICAN

Café Oscars \$\$

948 Zion Park Blvd., Springdale, 772-3232
Vegetarian/Vegan: portabella burger, quesadilla, burrito, salad

Chili's \$\$

311 N. Red Cliffs Dr., St. George, 628-7503
Vegetarian/Vegan: sandwiches, fajitas, portabella burger, black bean burger, side dishes, soup & salad

Fish Rock Grille at the Ledges \$\$\$

1585 W. Ledges Pkwy., St. George, 634-4650
Vegetarian: Vegetable Dagwood, soup & salad

Haven \$\$\$

1495 S. Black Ridge Dr., St. George, 673-1881
Vegetarian/Vegan: soup & salad

Painted Pony \$\$\$

2 W. St. George Blvd., St. George, 634-1700
Vegetarian: Spinach Hazelnut Ravioli
Vegan: salad, portabella sandwich

Parallel Eighty Eight \$\$

1515 Zion Park Blvd., Springdale, 772-3588
Vegetarian/Vegan: Vegetable Parmentier entree, pasta, salad

The Egg & I \$

1091 North Bluff Street, St. George, 628-0368
Vegetarian/Vegan: Veggie Benedict, egg-less breakfast entrees, Veggie Greek Wrap, soup & salad

Xetava Gardens Café \$\$

815 Coyote Gulch Ct., Ivins, 656-1065
Vegetarian/Vegan: Hummus Plate, grilled veggie plate, portabella burger, vegetarian pizza, soup & salad

ASIAN

Ahi's Taste of Asia \$

157 East Riverside, #2E, St. George, 673-6604
Vegan: Asian Salad Bowl, Asian Classics with tofu & brown rice, vegan soup, & Brown Rice Bowls

Ah'sya Vietnamese Restaurant \$

2654 E. Red Cliffs, St. George, 627-1272
Vegetarian: spring rolls, rice dishes, salad

Benja Thai & Sushi \$\$

2 West St. George Blvd., St. George, 628-9538
Vegetarian/Vegan: Crispy Tofu, Fresh Basil Rolls, Vegetable Tempura, vegetarian specialties with rice & noodles, Thai Curries, soup

Ichiban Seafood Buffet \$\$

800 North 3050 East, St. George, 652-6868
Gourmet sushi buffet, vegan items made by request

Mongolian BBQ \$\$

250 North Red Cliffs Dr., St. George, 656-1880
This is a buffet line of assorted raw vegetables that you pile into a bowl. Add any of the water-based sauces & the cooks stir-fry the mixture in

front of you. They use the same grill for meat; they will clean it for you if you ask

Osaka Japanese Bistro \$\$

42 S. River Road, St. George, 656-1314
Vegetarian rolls and sushi, vegan items made by request

Rickshaw Asian Gourmet \$

1973 W. Sunset Blvd., St. George, 688-1208
Vegetarian: vegetable fried rice, vegetable lo-mein, vegetarian egg rolls
Vegan: vegetarian supreme, vegetable fried rice without eggs, home styled bean curd, Taiwan Tofu

Samurai 21 \$\$

245 Red Cliffs Drive, #11, St. George 656-8628
Vegetarian/Vegan: hibachi vegetables, veggie tempura, vegetable rolls

ITALIAN*

Pasta Factory \$\$

2 West St. George Blvd., St. George, 674-3753
Vegetarian: Alfredo, Marinara, Pesto & Creamy Pesto Sauces, various vegetable toppings, Raspberry Vinaigrette Dressings
Vegan: All pastas, Zucchini Pasta, Garlic Oil, various vegetable toppings, Salad with Rice Vinegar & Oil Dressing, Breadsticks

Pizza Factory \$\$

2 W. St. George Blvd., St. George, 628-1234
Vegetarian: Salad Bar, all dressings, breadsticks
Vegan: Salad Bar, the only vegan dressing is vinegar & oil

Domino's Pizza* \$

2311 Santa Clara Drive, Santa Clara, 688-8885
994 E. St. George Blvd., St. George, 628-2228
410 W. State Street, Hurricane, 635-3322

Little Caesar's* \$

1973 West Sunset Blvd., St. George, 628-8595
702 East 700 South, St. George, 628-8100
875 W. Red Cliffs Drive, Washington, 628-9400
310 W. State Street, Hurricane, 635-3100

Papa John's* \$

245 North Red Cliffs Dr. St. George, 688-7500

Papa Murphy's*

720 South River Road, St. George, 652-3500
1006 West Sunset Blvd, St. George, 656-1221
525 West State Street, St. George, 635-7272

Scaldoni's Restaurant \$\$\$

1183 East 100 South
St. George, 674-1300
Vegetarian/Vegan: pastas & salad

*All Italian & Pizza Restaurants can be Vegetarian: Vegetarian Pizza or Vegan: Veggie Pizza without cheese

MEDITERRANEAN

Basila's Café \$\$

1013 East 700 South, St. George, 634-9942
Vegetarian: Spinach Pie, pasta

Vegan: Hummus, Falafel, Veggie Stuffed Grape Leaves, Veggie Pita, Potato Garlic Spread

MEXICAN**

Café Rio Mexican Grill \$

471 East St George Blvd., St. George, 656-0200
Vegetarian/Vegan: salad, burritos, enchiladas, tacos, tostadas

Don Pedro's \$

1004 W. Red Cliffs Drive Washington, 688-0900
Vegetarian/Vegan: salad, burritos, enchiladas, tacos, tostadas

Paula's Cazuela \$\$

745 W Ridgeview Drive, St George 673-6568
Vegetarian/Vegan: salad, burritos, enchiladas, tacos, tostadas

Durango's \$

245 Red Cliffs Drive, #12, St. George 656-8628
Vegetarian/Vegan: salad, burritos, enchiladas, tacos, tostadas

El Amate \$

974 W Sunset Blvd, St George 688-2324
Vegetarian/Vegan: salad, burritos, enchiladas, tacos, tostadas

**All Mexican Restaurants can be Vegetarian or vegan by substituting meat with beans, without cheese

SALAD BARS & SANDWICHES

Brick Oven \$\$

1410 E. St. George Blvd., St. George, 628-5800
Vegetarian: pasta bar, salad bar, soup

Chuck-A-Rama Buffet \$

127 North Red Cliffs Dr., St. George, 673-4464
Vegetarian/Vegan: pasta, noodles, soup & salad, different ethnic entrée theme each day. Only vegetable oils used in salad, baking, hot veggies, & frying. No butter in mashed potatoes

Olive Garden \$\$

1340 East 170 South, St. George, 656-8940
Vegetarian: endless salad, pasta, soup

Ruby Tuesday \$\$

1812 East Red Cliffs Dr., St. George, 688-7427
Vegetarian: Salad Bar, Veggie Burger
Vegan: Salad Bar, Veggie Burger without cheese

Subway \$

514 North Bluff Street, St. George, 628-5477
765 East 700 South, St. George, 628-4007
81 North River Road, St. George, 674-5216
2275 W. Santa Clara Dr., Sta. Clara, 674-2925
Vegetarian: Veggie Sandwich, Veggie Salad
Vegan: Veggie Sandwich without cheese or mayonnaise on Italian Bread, Veggie Delight Salad without croutons, Sweet Onion Sauce

Capriotti's \$

969 N. 3050 E., St George 627-2664
Vegetarian "turkey" and "steak" sandwiches, veggie cheeseburgers